

May 30, 2005

HOW ARE YOU FEELING AT WORK? WE WANT TO KNOW!

Because your health is important to us, CBC/Radio-Canada and its unions have jointly decided to hold a one-of-a-kind employee wellness study. We already know that stress, depression and chronic physical pain are significant health issues in our workplace resulting in higher health care costs and increased absenteeism at CBC/Radio-Canada.

We've mandated one of Canada's top researchers in the area of Work Health and Safety, Professor Jean-Pierre Brun of Laval University in Quebec City to initiate this study and make recommendations to reduce the organizational and individual stress factors that affect our health at work.

Your participation is essential. More than 10,000 of you will be invited to take part in this project. You will be asked to fill out a questionnaire that Professor Brun will be sending out shortly — available in electronic and hard copy format. The confidentiality of your answers will be guaranteed because only Professor Brun and his team of researchers will have access to the completed questionnaires.

Findings of the study will be announced in the fall of 2005, at which time they will be analyzed. A plan will then be put in place to set priorities and put forward concrete initiatives to improve employee wellness at work.

CBC/Radio-Canada and its unions are committed to this study and to the actions that are required to address the issues identified in the study and the recommendations put forward by Professor Brun.

For more information, visit the Intranet site at: http://intranet/hr_hses_en/wellness/

